

OsteoDenx Testimonials

(These testimonials are not endorsed by Nikken. They are from people like you and me. We make NO MEDICAL CLAIMS -- and we do not claim to heal or cure)

Here are a few of the highlights from the President's Club call with Dr. Naidu:

****OsteoDenx is more than just a new product. It's a transportation technology that carries nutrients to the bones and then aides in the re-building process. "It supports the natural increase in bone density in a unique, proprietary, all natural, patented formula."**

****It can be taken anytime with meals and is best when Calcium Plus is part of the regimen. (Too much calcium can lead to kidney stones and other problems. If the average person takes 2,000 mg of calcium, they will only absorb 200mg.) Good for anyone over 5, and you can take 2 capsules a day if you need to.**

****Not only does it balance bone health but it also supports the Bio-Replenishment theory that he has been studying for 23 years. "It supports both the release and absorption of vital mineral compounds and the formation of new, strong bone tissue. The skeletal structure is a reservoir of 99% of the body's calcium and releases amounts of this vital element to assist in heart, muscle and nerve function."**

Nutritional breakthrough ingredients:

<u>Vitamin D3 (cholecalciferol)</u>	10 mcg
Folate	400 mcg
Zinc (oxide)	15 mg
Lactoferin (cow's milk, Bos spp.)	105 mg
Hyaluronic acid (sodium hyaluronate)	5 mg
Bromelain (pineapple fruit, Ananas comosus)	15 mg
N-acetyl-D-glucosamine	100 mg
Chondroitin sulfate	100 mg
(chondroitin sulfate A from chicken)	
Curcumin (tumeric root, Curcuma longa)	25mg
Citric Acid	
Sodium bicarbonate	

Here's some interesting information related to our newest product, **Osteo Denx**. It also helps explain why Ruth and I immediately ordered a supply for our personal use and also added it to our AutoShip.

In your service, Leon and Ruth

Osteo Denx has implications for **Synovial Fluid**. Of course, we can't make any claims, but you can look at this website to see some diseases that are associated with Synovial Fluid: http://en.wikipedia.org/wiki/Synovial_fluid

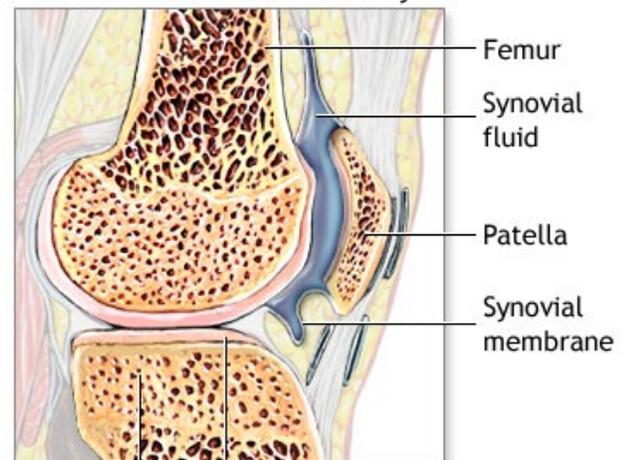
I'm not sure what this all means, but with Nikken, we will continue helping people live a better quality of life! We can't talk about disease, but we can talk about HEALTH. Osteo Denx is not just a product, it is a phenomena, a breakthrough that scientists can only dream about.

Osteo Denx has 1 patent granted, 3 patents pending, and more additional patents filed. Osteo Denx is the result of 20+ years of Dr Naidu's research, **and is being distributed exclusively by Nikken.**

Osteo Denx supports bone health, total bone health replenishment, **including bone marrow, which produces white and red blood cells.** If you do a little homework, and google for these subjects, you will find a plethora of generic information, and you will begin to see that our new bone health breakthrough product has **incredible implications for every aspect of health**, for everyone who wants to be healthy.

Our company, Nikken, is truly focused on a Total Wellness Solution. This new product will be an incredible springboard for the growth of your business, it will open doors for people to start getting acquainted with Nikken.

Cut-section view of normal knee joint



Tibia, Cartilage, ADAM.

The synovial membrane is the inner membrane of tissue that lines a joint. The synovial membrane secretes **synovial fluid** which serves to lubricate the joint. <http://adam.about.com/encyclopedia/Synovial-fluid.htm>

I love OsteoDenx!!! - By Trish Schwenkler

I think this is a most wonderful, revolutionary, fantastic product and I'm so glad Dr. Naidu came out with it. It was a miracle for me when I found the Nikken Sleep System. It addressed all the issues I had at the time; I slept so deep and felt so good and I still do. I love our sleep system, but over the last several years... I think maybe it was a hormonal issue, I'm not sure what - but I started having sleep issues. I started waking up a lot at 4:00 in the morning and not being able to fall asleep and some nights not being able to sleep at all. I tried all kinds of Chinese pills and homeopathic things and natural sleeping pills, just all kinds of things like that and nothing has ever really helped me.

Then I took OsteoDenx the first time and that night I slept 9 hours like a log! I slept so well. I've been taking it for almost a week and every single night I sleep! If I do wake up at night I open the capsule and take just a little bit more OsteoDenx (it tastes really good, really delicious!) The other thing is that all of my life I've chronically suffered from irritable bowel; and since taking OsteoDenx it has helped my digestive system. I've also been really lactose intolerant and the other day I was doing so good, I ate some cheese (I never eat cheese - I like cheese but cheese does not like me) - I ate a significant amount of cheese and I had no digestive repercussions!

I live on a big hill and I often ride my bike. Most days it's really hard for me to ride up this hill. Since I've been taking OsteoDenx it's almost become effortless. Maybe it's because I've been sleeping so good! I've been able to exercise more and I feel better and have more energy. I love this product!

Everywhere I go I'm talking OsteoDenx. I took my dog in to get her teeth cleaned and I thought: "you know what... I'm just going to find out if anyone here has bone health issues." I asked the receptionist if she knew of anyone there that has bone health issues. She didn't know and just then one of the veterinarians was walking by and she said: "why do you ask?" and I said a bone health product has just been released and it's ten times more effective than anything else on the market. You don't need a prescription to get it. It will not be advertised. It's only available through one company and it's only available through consultants through that company and I am a consultant for that company. The veterinarian said, hey I'm not getting any younger; I'd love to find out about it. I have an appointment next week with her to tell her about OsteoDenx and the whole Wellness Home Concept! Everywhere I go when I talk about OsteoDenx either someone has bone health issues or they know of someone with bone health issues.

Trish Schwenkler

I had a [chance to try Nikken](#) OsteoDenx last night. I have just had the most wonderful night's sleep in years. Sleep for me usually means tossing and turning for most of the night and awful pain when I get up in the morning from my Fibromyalgia. Not last night! I slept 10, yep TEN hours straight and I woke up not hurting. I don't remember the last time I woke up and did not have to take pain relievers even before I could say good morning to my husband and give him a hug. It hurt that much just to be touched. I've been hearing about OsteoDenx for awhile and honestly I know Nikken has the best products on the market, but this seemed too good to be true. I am living proof it's not. Everyone needs to know about this and try it if they have a need. It is an awesome product. It works. What more can I say?

Jodi

[Remember when e-coli was a threat](#) in our meat supply (ie. Jack in the Box Restaurants), but now you don't hear anything about it? Also, you don't hear about "Toxic Shock Syndrome" any longer either...do you? Why is that? Because Dr. Naraine Naidu has virtually eliminated those threats in this country by what he created and applied. The man is an absolute "Genius", as well as being a terrific person! Ruth and I were fortunate to have this man and his two sons as house guests for three days this past month. Dr. Naidu has created and introduced Nikken's latest entrance into Total Wellness Dominance,...a whole new category in Wellness...the world's first bio-replenishment product... OsteoDenx!

Read below what Dr. John Jackson, MD has to say about this phenomenal product. Everyone needs this!

Dennis & Ruth

OsteoDenx

By: John Jackson, M.D., FACP

Wellness is more than skin deep, more than being cosmetically healthy. What we really want is through and through wellness. At the core of our bodies, bones begin to form before we are born. They support a baby's first wobbling steps. The shin bone enables a youngster to kick the soccer ball in practice. Healthy bones help a student attain full height when speaking before the high school debate class. They must stand up to climbing, hiking, jogging, skiing and all the more vigorous fun pursuits in life. Bones need to be strong when our parents and grandparents walk from bedroom to bath, should they inadvertently slip and fall. Every age group benefits from healthy bones.

Unfortunately...

- After age 50 more than half of us have low bone density
- Lifetime risk of a fracture from fragile bone is 50% in women and 25% in men
- There are 1.5 million such fractures a year, all causing debility to a degree, some requiring surgery with the risk of complications
- Long term nursing care is the fate of 30% after hip fracture and there is even a 20% death rate in females by 1 year.

In view of these sobering stats, treatment options, early detection and prevention are naturally of interest.. Bone density measurements help diagnose deficiency states, full blown osteoporosis and a less severe condition, called osteopenia.. Normal treatment includes calcium supplementation in various forms; vitamin D of different types to help what otherwise is poor absorption of calcium, hormones and their synthetically modified versions, as well as bisphosphanates (Fosamax was first on the market).

Most recently, *OsteoDenx* was premiered and is now available through Nikken without a prescription.

OsteoDenx

- Is not a chemical drug
- It is not a vitamin supplement or mineral
- It contains no calcium
- It is the first in a completely new and unique class, replenishment.

This naturally occurring substance is manufactured internally by the body. With aging and the passage of time this important multifunctional molecule is depleted. With the advent of Nikken's latest breakthrough wellness product, we can turn back the clock on bone support and health.

But the story is much bigger...

Bone may be thought of as a mineral bank. *OsteoDenx* acts as a bank teller, assisting in deposits and withdrawals. When calcium and other minerals properly move into the bone, they form part of a solid portfolio of support. These same minerals are paid out of the balanced account of healthy bone for key transactions in the body. Close at hand, joints require supplies from the underlying bone to be well. Deformed and inflamed joints are as much manifestations of bone health being out of balance as low density and increased fragility. From heart to intestines, many distant organ systems count on a daily mineral "check in the mail" from the bone bank. Insufficient funds can get "power and water" turned off, a physiologic bankruptcy with the risk of a lien being placed on one's bodily home. Uncorrected, eviction may follow precipitously.

To put our house back in order, *OsteoDenx* facilitates cash flow for a myriad of payments in the cellular economy. *OsteoDenx* comes with 20+ years of research. Bone health has shown benefit in less than 2 weeks. No side effects are anticipated. There is no conflict with underlying conditions or ongoing treatments. Of course, consulting your own physician concerning any medical question is always advised.

OsteoDenx is opening up a lot of conversations on a subject of vital importance for all of us, bone health and wellness. It has been said that the Stone Age came to an end, but not for a shortage of stones. Just so, the age of drugs and surgeries will come to an end, but not for a shortage of drug ads and surgery centers.

- Barbara & Niels Maurice - *OsteoDenx* Testimonial 9/10/07

(Barbara) My husband has been involved with Nikken products since 1999 and he's been retailing with some success. As each product was added into our own personal home, the sleep system, the water, Ciaga...I have enjoyed some improvement of my health. I had been suffering for 26 years with post polio, fibromyalgia; just a total lack of energy.

We went to a Nikken quarterly meeting and really saw the full possibilities of the Wellness Home for us. In the month of June we completed our Nikken Wellness Home, and in a few short weeks my entire health turned around. I had energy again and much less pain. I really became a believer of the synergy that's involved in the Nikken Wellness Home.

When this happened, Niels and I kept looking at each other and asking... What part turned my health completely around after years of suffering. We concluded that it was the total synergy of the Wellness Home. Each component is wonderful and when you put it together it just explodes in terms of my energy and health benefits! I no longer need the cane I used to carry, and I no longer have to rest every few hours. The whole thing regarding pain management was a miracle for me.

In August we learned all about OsteoDenx. Along my 26 year journey I was diagnosed with Osteoporosis and while in my forties I had lost more than 50% of my bone mass. When I heard the words “bone health” I thought this just might help me... I’m going to try this and see what happens. Never did we expect to have the outcome that we had. In the very first night with OsteoDenx, I had none of the severe leg cramps from the polio. I used to have to jump out of bed three and four times every night, screaming because the pain was so intense. We tried everything and the only relief I had was from a Nikken Sleep mask. I would use it over my feet and legs to calm them down. But the first night on OsteoDenx I never had a cramp one – they were gone!

We were listening to a Pharmacist on one of the Nikken teleconference calls who mentioned that OsteoDenx might be really good for vascular problems. I reached down to my thighs where I was going to have to have surgery in a few months for some very serious varicose veins. There was no inflammation and no pain. Their size went from egg size to pea size – needless to say I was a little shocked!

As we were doing OsteoDenx in the first week I wanted very much to isolate what it was doing for me and not have it compounded by a lot of confusion. One of those things I thought might be confusion was my diabetic sugar numbers. So in the first week of taking OsteoDenx I only tested at midday because I start my day with Nikken Protein Shakes and my blood sugar numbers are wonderful by lunch time. This week I started testing in the morning which has been the real problem – my numbers in the morning no matter what the medication, no matter what the diet, ranges from 130 to 150. The doctor had said that you are starting insulin – it’s getting out of control. I said give me six more weeks, and I didn’t know what I was going to do. Well last Monday I started testing my blood sugar in the morning and this week they’ve been around 116. I’ve never had those numbers since I first started to have to read them! It’s been an absolute joy to take those numbers to my doctor.

(Niels) I’ve suffered with restless leg syndrome for 5 or more years. Barbara has also suffered with it because it would wake her up and I would sleep through it but it made her life miserable. We’ve spent a fortune on homeopathic remedies, on doctor’s prescriptions - which essentially did nothing. On the first night of using the OsteoDenx I slept through without any difficulty and it was so effective that the bed covers were just like when I went to sleep, where before they would be all torn apart – so you could tell I wasn’t moving around. As far as I personally am concerned – Wow! Marvelous! And thank you, Dr. Naidu for coming up with it.

My husband had been told that he would need a knee replacement. We sleep on the KenkoAire sleep system, he wears the elastomag knee wrap and takes 6 joint every day. He was getting along well, but still had some discomfort especially going up and down stairs. He started taking OsteoDenx a little over a month ago. I tested him and his body needed two a day. We were in Mexico and we were on the third floor of our hotel. We went up and down several times during the day. At the end of the week I asked how his knee was doing. He said it had not hurt the whole week that we were there. He did not take his knee wrap. The only thing we changed was the OsteoDenx. I was told that OsteoDenx stimulates the creation of new cartilage cells. Thank you Dr. Naidu and Nikken.

Elaine

In listening to [Dr. Naidu, the creator of OsteoDenx](#), he suggests that using Fosamax, Boniva and others will increase bone density because it slows the taking of calcium out of the bone (**osteoclast**) that is normally used in the other systems of the body which NEED calcium to function. So while solving the bone problem we are depriving other systems (digestion, heart rhythm, hormone release, brain function, etc. - all of which need calcium to carry the electrical discharge which activates their performances - these need about 1500 mg of calcium per day and can only get it with signature of having come from the bone). OsteoDenx focuses on rebuilding of bone (**osteoblast**) AND allowing the release of calcium (osteoclast) in a form that the body can use!

So use pharmaceuticals if you want to save the bone and allow other functions to suffer! Use OsteoDenx to replenish the bone AND allow calcium discharge sufficient to support all other vital system. Calcium supplementation is needed WITH OsteoDenx.

A recent news release linked use of Fosamax with the deterioration of the lower jaw and suggested that it be pulled from the market! Article Source: [FoxNews](#)

Clyde

If you are on a blood thinner (e.g. Coumadin), and you want to take OsteoDenx, Nikken recommends to consult your doctor, which is excellent [advise. I happen to be](#) on Coumadin for an artificial heart valve and I use ALL the Nikken products, including the nutritionals. When I started taking the OsteoDenx I was well aware of the **tumeric** which can affect the blood. After I had taken the OsteoDenx for a couple of days I had my blood checked and it was perfect! I did the same when I started taking the GreenZymes. These products are too good not to take them!

Truus

I am so excited! The longer I use the OsteoDenx the better I feel. I am finding my energy levels are getting better and my sleep is much more complete. I have fibromyalgia. I am having fewer restless nights where I can't sleep either because of pain and discomfort or waking up each time I move during the night. I am so impressed with this product.

It seems that it is taking years off too. Several times in the last 10 days Dan or I have commented on the fact we've been married nearly 30 years or that our children are in their 20's and people don't believe it. Today a cashier said she could believe I was 30, but there was no way I looked old enough to have been married 30 years! It's not often someone takes 15 years off your age in one sentence, but I thought it was a great compliment. No one has said I looked younger than my age for a long time. I risk making this sound unbelievable, but I've even begun to lose some inches. I can't say whether or not I've lost weight, but some of my clothes are getting loose. I'm sure it's because I can do more these days.

Not every day is perfect, I still have times when I hurt, but if I were to rate my discomfort on a 1 to 10 scale; I was living between 7 to 9 all the time, even with as much medicine and as strong as the doctors could give me outside of a hospital setting. I took it round the clock just to be able to function. Now when I have a bad day, I would rate myself at a 4, most of the time not even that high. I can take over-the-counter medicine to get relief. What an enormous difference for me!

I know it will take some time to rebuild my muscles and stamina after a declining use of my body over the last 17 years since I was diagnosed with fibromyalgia, but now I have hope and knowledge that I will regain what I thought was lost forever. It isn't. I can't wait to be able to walk my 6 miles a day and to bike and play basketball, etc with Dan and to have the energy and stamina when my grandchildren eventually are born. This seems too good to be true, yet every morning I wake up and realize it isn't a dream, it really is happening. Thanks to Nikken and thanks to OsteoDenx I have a life again that I can enjoy instead of one in which I just exist. Enough, because I could go on for a long time about the wonders of OsteoDenx in my life.

Jodi

It's best to take the calcium and OsteoDenx "at" bedtime. I've always slept well on our sleep system but I've even noticed an improved sleep since taking the Calcium and OsteoDenx at bedtime. I've also noticed my fingernails are very much stronger and I don't have any mid-afternoon let-down - regardless of my activity level.

Barb

Many people are asking for the clinical studies and other information about OsteoDenX and how to access it or send someone to a site where they can learn more about it. All that information (and MUCH more) is on Dr. Naidu's web site. You can go to www.Nterminus.com and if you do not want to listen to the introduction to the site (WHICH IS VERY GOOD), you can click on the link below the picture that says "ENTER N-TERMINUS WEB SITE. Once there, click on BIO-REPLENISHMENT in the tool bar near the center of the page. When the next page comes up you will see a link under the original tool bar that says: THEORY SYSTEM IMMUNITY VITALITY. Click on the "SYSTEM" link which will bring you to another page. On the left hand side of that page, click the second link down that says: OSTEO SYSTEM. That will bring you to another page where you will want to click on the link on the right hand side of the page that says: OSTEO-REP TECHNOLOGY. Now you can explore all the links listed on the left hand side of that page but below those links you will see the "clinical studies" protocol as well as the preliminary results. They can be downloaded and saved to your computer, printed and handed out if you so desire or you can e-mail them to your friends who "really" want to know more than just "get on the product and have better bone health". I have attached the preliminary results so you do not have to do all the searching for it but do take the time to familiarize yourself with Dr. Naidu's web site as there is really a lot of "world class" information there. If you want to go DIRECTLY to the site, type in your internet explorer window:
<http://www.nerminus.com/nerminus/html/osteoRep.html>

REMEMBER, you do not have to be an "expert" on OsteoDenX as we have Dr. Naidu and his staff to be the validation of the product. Let them be the experts and we just get out and show the product to people and tell them our Nikken story. EVERYONE should be able to add one new person PER WEEK to an Autoship with this product as it is that easy to talk about and get people interested in even if you are just doing Nikken only one hour a week which is verrrrrry Part Time. If you want to earn more money then do one new autoship a day. We were just in Texas and watched someone create 3 autoships in less than 6 hours just by being out and sharing some exciting news that "shows some VERY PROMISING results regarding bone health without any side effects because it is ALL NATURAL". Try that on your neighbors and see what happens. DO NOT MAKE SHARING THIS PRODUCT WITH OTHERS

HARD. Do it from you heart knowing that everyone needs it and will profit from it in the long run.

Dennis & Ruth

My wife has been on OsteoDenx for three months. She just had her blood work done. The results just blew us away. The Doctor said that there was an increase in her red blood cell count and that her bone marrow was very good. Something we hadn't heard before.

Jack

The new word in my Nikken vocabulary, because of the Osteodenz, is "fluid". My body just feels more fluid in it's movements without some of the gradually increasing stiffness I have been noticing over the last few years. Both my wife, Elizabeth, and I notice an marked improvement in our ability to move. I feel fluid like I did as a kid. And "fluidity" on the dance floor is wonderful. The only thing sore after hours of dancing were the bottom of my feet, as I was either on the beach, or in my sandals with no socks. Rocking with Osteodenz!

Dennis K. Spader

My 86 year old mom had been seriously anemic, so much so that in addition to receiving monthly shots of iron from a Hematologist she needed to be hospitalized in December, 2007 to have blood transfusions. When I spoke with the Hematologist afterwards, he said that he would watch her closely to see if she would need these transfusions on a regular basis.

After she returned home I sent her OsteoDenx and asked her aide to stop giving her the Fosamax she had been taking, and to give her the OsteoDenx twice a day, with lunch and dinner. As Mom is in FL and I live in NY, Marilyn (my mom's aide) called me a couple of days ago to report on Mom's visit to her Hematologist for her monthly checkup and shot. My mom did not need the shot! Marilyn told me, " I don't know if it is that OsteoDenx you are having me give your mom, but I have never seen her blood count so high!" Another Nikken "coincidence"?

Marcia

From: (e-mail omitted from FPHD)

November 26, 2007: Fifteen years ago when we first joined the Nikken family, I thought that magnets were everything. Little did I realize that there are many natural ways to impact the body so that it has the opportunity to heal itself. This last July 16th I went into Virginia Mason Hospital and under the care of a highly respected Cardiologist and had a Pacemaker put into my body. His specialty was Pacemakers. Unfortunately it was not put in correctly and the lead from the Pacemaker came loose perforating my heart, the sack around my heart and one of my lungs. By the time the doctor went back in to correct the problem my blood pressure was so low they could not give me anesthetic during the second procedure. At one point they told me my blood pressure was 50/32. I had bled profusely into the chest cavity.

After the Pacemaker was implanted correctly the lower part of my heart was relying 100% on the Pacemaker for its function. I then developed Atrial Fibrillation and the doctor put me on a medication for that. When Nikken introduced OsteoDenx and I understood that this product allowed the body to utilize Calcium at a higher level and store it into the bones and then release it in a more efficient way so that the whole body is affected. Every function of the body begins with an electrical charge. Thought process, reflex of a muscle, digestion, hormone release -- all begins with an electrical charge. An electrical charge can not take place with out Calcium being present. Once I understood this, my reasoning told me my whole health challenge could be that my heart's electrical mechanisms were not working properly possible due to a lack of Calcium.

I went on to OsteoDenx and after a short time went off the medication for Atrial Fibrillation. This last time my Pacemaker was checked (This was the 3rd time--once every month since the operation.) it had not recorded ANY Atrial Fibrillation. I asked the technician if it could be possible that my heart could some day heal enough that it would not need the Pacemaker. The answer was NO but she did the test. Previously when she did this test my heart would slow down and gave me the sensation of everything going fuzzy. I felt terrible. This time she asked me "Did you feel that?" I said "No!". She then turned the Pacemaker down even lower and she told me that my heart did kicked in and began to beat on its own. The heart went from using the Pacemaker 100% for the lower ventricle to working largely on its own after using OsteoDenx. I am still on the Pacemaker under the direction of my doctor and the technician but I believe that someday I may not need the Pacemaker. This is exciting and given time I believe my heart can heal completely. Later because there was so much blood in the chest cavity I developed inflammation and was in the hospital for three days. When I was released, the doctor said it could come back and if it did I was to go back onto the medication. After 8 days on the medication my

stomach began to hurt very severely. I stayed on it for the ten days like the doctor prescribed and after going off it, it took about two days more for my stomach to quit hurting. The inflammation did come back a couple of weeks later but this time instead of going back on the medication, I put a Nikken Back flex on my chest and wear it 24/7. It has been 4 months since the original procedure and some of the negative results are still present but THANKS TO NIKKEN I believe that I will have a healthy body again!

January 2, 2008: It has been over 5 months since the Pacemaker was put in me. I have been going once a month to have it checked. At the end of November of 07 the numbers were: For the Upper Ventricle the Pacemaker did 15% of the work and the Lower Ventricle the Pacemaker was doing 100% of the work for my heart. Just this last Monday, December 31st, the numbers were: upper chamber - 9% and lower chamber - 5% (a 95% improvement)!

The technician was TOTALLY amazed at the figures. She kept saying: _You are never going to believe these numbers; you are never going to believe these numbers._ After she told me the figures I then rehearsed what OsteoDenx does, she replied _The proof is in the pudding_. I still have had NO Atrial Fibrillation! I am excited to know how closed to normal my life can be from this point on and it is a safe, soft approach to good health.

Karen

Many people are reporting good success at improving RLS (restless legs and sleeplessness) using OsteoDenx and adequate calcium intake. As you know, the cost of poor sleep resulting from Restless Leg Syndrome as well (as other sources) is often poor immune function, slow healing, and a host of other health issues... since no cell anywhere in the body works well without adequate "down time." The physical and psychological effect of sleep deprivation that results from the impairment of deep rest and healing, makes OsteoDenx a real bargain... especially when stronger bones come with the package. OsteoDenx comes in bubble paks like Lactoferrin Gold. There are 30 caps/pkg. I believe you take 1 capsule at night. I remember also Kathy Zier saying that when she awakened during the night, she opened a capsule & took another little "nip" (for sleep). Digestion activates the OsteoDenx so that the evening meal is a good time to take the OsteoDenx with Calcium.

Maryjoan

From: Karen (e-mail omitted)

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